



Allergy & Dermatology

s p e c i a l i s t s

PHOENIX

GLENDALE

SUN CITY

SUN CITY WEST

## Patient Instructions For Freezing, Biopsy and Electrodesiccation and Curettage

### Liquid Nitrogen (Freezing)

- ✓ No special care is needed for the treated areas.
- ✓ The areas will turn red or brown and will gradually crust up and peel off over the next 1-2 weeks.
- ✓ You may get them wet. They do not need to be covered with a band-aid.
- ✓ Blisters may develop. These should NOT be “popped” unless they are bothersome. If this is the case, make a small hole with a clean pin to drain the fluid.
- ✓ Lesions on the face may be covered with make-up.

### Biopsies

- ✓ The biopsy site(s) should be kept clean and dry for the first 24 hours.
- ✓ After the first 24 hours, you may get the area(s) wet.
- ✓ Gently clean the areas daily with soap and water. You may use hydrogen peroxide to remove any crusted material that does not come off easily.
- ✓ Apply **Vaseline** to the site(s) after the area is cleaned. Anti-bacterial creams or ointments, such as Neosporin or triple-antibiotic, are not needed and are not recommended.
- ✓ **Do not let area dry out. Do not let it scab!**
- ✓ Cover with a band-aid. If the biopsy is on the face, a band-aid is not necessary as long as you keep Vaseline on the site.
- ✓ If you have stitches, these will need to be removed. Make an appointment for this.
- ✓ **We will call you with your biopsy results in 7 – 14 days.**

### Electrodesiccation and Curettage (Scrape & Burn)

- ✓ Follow the same instructions for Biopsies above.

If you have any problems or questions, do not hesitate to call us.

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